



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2015

Sporting Excellence in Karate

National Level

Holly Lyell

This is to certify that Holly Lyell has achieved the standard of Sporting Excellence in Competition Sport Karate. Holly competed at National Championships throughout England in 2015 winning the medals and titles listed below:-

Championship Success - 1 Silver 1 Bronze

Shindo Kai Junior Championships - 22nd March, Barnsley
Silver - Pairs Kata

East Yorkshire Open Championships - 27th September, Hull
Bronze - Team Kata

Congratulations on your sporting achievements throughout 2015. Well done Holly.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

